



BIBLIOGRAPHY FOR GRIEVING PARENTS RECOMMENDED BY EMMAUS GRIEVING PARENTS

TITLE	AUTHOR	PUBLISHER	PARENT COMMENTS/WEB REVIEWS	TOPIC
Life After the Death of My Son: What I'm Learning	Apple, Dennis L.	Beacon Hill Press	Using excerpts from his journal—which he began the day after his son died—Dennis explores the dark, lonely road of grieving for a child. He discloses his anger and disappointment with God, discusses his frustrations with friends and family, and shares how he's dealt with the grief attacks, which continue to sneak up and surprise him. His painful, yet promising story offers comfort and connection to those walking similar paths.	Spirituality of the Grieving Process
First Tears Over the Loss of Your Child	Anderson, Linda	ACTA Publications	Beautiful book of quotes offering commiseration, hope, renewal, understanding, and love to anyone whose child has died. A beautiful gift book, especially for the newly bereaved.	General Parental Grieving
Handbook for Those Who Grieve What you should know and what you can do during times of loss	Auz, Martin M	Loyola Press	This valuable resource guide provides practical information for people who are grieving and the people who support them. Material is presented in an easy-to-read format for quick reference and features: Tips for planning funerals and wakes; sample sympathy letters appropriate for a variety of grief situations; "Do" and "don't" lists for family and friends of the grieving; helpful lists of pertinent planning details; information on helping children grieve; a comprehensive list of publications and organizations that provide grief support.	General Parental Grieving
After Suicide Loss: Coping with Your Grief	Baughner, Bob, Ph.D. and Jordan, Jack, Ph.D.	Sturbridge Group	With contributions of many people who have lost a loved one to suicide and two Psychologists who have helped hundreds of people bereaved by suicide, this book takes the reader through the first few days, weeks, months and years.	Suicide
When the Bough Breaks	Bernstein, Judith R., Ph.D.	Andrews McMeel Publishing	Author Judith R. Bernstein, Ph.D., writes from the dual perspectives of bereaved parent and psychologist, documenting the process of evolution from initial grief to an altered outlook on life through excerpts from interviews with 50 parents who lost a child from five to forty-five	General Parental Grieving
In Heaven We'll Meet Again	Blot, Fr Francois Rene	Sophia Institute Press	Fr. Blot wrote this book in response to so many parishioners' questions about where their loved ones were after they died. Will they still remember them, continue our connection, etc. He has many quotes from Scriptures and saints about it. These were the answers I had been looking for - finally read this almost 3 years after Erin's unexpected death. It was very comforting to me.	General Parental Grieving
My Son, My Son	Bolton, Iris	Bolton Press	This book was inspired by the suicide of Curtis Mitchell Bolton, 20-year-old son of the author, Iris Mitchell Bolton. Mrs. Bolton describes in detail the journey she made from the devastation of losing her son Mitch by suicide to the step by step healing that took place in her life. The book is hopeful and helpful to those who have suffered any loss from death, divorce, or separation. It gives promise of recovery and healing and learning to live with the terrible event.	Suicide
Heaven Is For Real	Burpo, Todd	Thomas Nelson,	Information about heaven, the journey of a little boy who survives grave illness and recounts his journey to heaven and seeing God	Spirituality of the Grieving Process
Trusting God Through Tears	Burton, Jehu Thomas	Baker Books	Offering gentle comfort and encouragement for the grieving spirit and solid church teachings to challenge the mind, Trusting God through Tears tells the moving story of a family's loss and a father's struggle to trust his Creator in the midst of tremendous pain. Following the sudden death of his twelve-year-old son, Jehu Burton finds himself immersed in the emotions that come with great loss and faced with faith-shaking questions that have never before arisen in his spiritual life. In this inspiring book, Burton walks readers through the days, months, and years following Kelly's death. He reveals how he survived the most terrible event of his life and learned to trust in God's sovereignty.	Spirituality of the Grieving Process

Chicken Soup for the Grieving Soul	Canfield, Jack & Hansen, Mark Victor	Blacklist LLC	This latest entry in the Chicken Soup series is targeted at the newly brokenhearted: those who've recently experienced the death of a beloved friend or family member and are still reeling from the experience. It's a collection of stories by authors who have lost loved ones, and in their stories, they detail the particular death, the aftermath, and how they dealt with their overwhelming grief and found the courage to live again. This collection is very sad, some readers may find comfort here.	General Parental Grieving
Born to Fly	Claussen, Cindy	ACTA Publications	A beautiful treasure for parents whose children have died before birth	Early Loss
How to Handle Grief, Tracks of a Fellow Struggler	Claypool, John	Morehouse Publishing	The story of the author's own journey through the darkness, written through four sermons. The first was delivered just eleven days after his daughter's diagnosis of leukemia, the second after her first major relapse nine months later, and the third weeks after her death. The final sermon--a reflection on the process of grieving--was preached three years later.	General Parental Grieving
Dying to Be Free A Healing Guide to Families after a Suicide	Cobain, Beverly and Larch, Jean	Free Spirit Publishing	A manual that offers information, comfort, and support to those who have survived the suicide of a loved one written by a psychiatric nurse who has suffered three family suicides	Suicide
Sanity and Grace	Collins, Judy	TarcherPerigee	Songwriter and singer addresses the suicide of her son	Suicide
Streams in the Desert. Daily Devotional Readings	Cowman, L. B	Zondervan Publishing House	I have given this book as a gift several times to people going through difficult times. People tell me that God really used this book to speak to them during their time of need. This devotional isn't just for people going through difficult trials -it is an excellent daily devotional on its own.	Spirituality of the Grieving Process
Gift of the Red Bird	D'Arcy, Paula	Crossroad Publishing Co.	A very moving story of loss and the tumultuous journey that followed. It ended with a beautiful transforming spiritual journey leading her to a new purpose in her life. It is very inspiring!	Spirituality of the Grieving Process
Empty Cradle Broken Heart	Davis, Deborah L	Fulcrum Publishing	Highly recommend this book, both Tom and I thought it was extremely helpful	Early Loss
The Colors of Grief	De Ciacco, Janis. A.	Jessica Kingsley	Understanding a child's journey through loss from birth to adulthood	Sibling Grief
The Year of Magical Thinking	Didion, Joan	Vintage	A thought provoking account of life and loss that every grieving parent can relate to.	General Parental Grieving
Just Our Notes: Daily Readings for Bereaved Families	Donan, Beverly		I love this little book. Every day there's a story, poem, Bible verse from a parent who has lost a child. I've been reading it for 3 years and it's falling apart and there are page markers all over it. I got it at a TCF Conference but you can order it. To order: Beverly Donan at donanb@belsouth.net or write to Beverly Donan 6220 Island Ford Rd Hanson, KY 42413.	General Parental Grieving
Grieving with Mary	Doyle, Mary	ACTA Publications	The ultimate role model for grieving mothers, Mary can provide the peace , comfort, and hope we all seek after the death of our precious children	Spirituality of the Grieving Process
Suicide and Its Aftermath; Understanding and Counseling Survivors	Dunne, Edward J, McIntosh, John L., and Dunne-Maxim, Karen	A Norton Professional book	While this book is 26 years old, its words are still relevant today. I like how the book gives a history of the suicide survivor experiences while offering valuable insights for the griever and professional. The book discusses suicide loss from various perspectives such as the loss of a husband, of a brother, as well as a therapist to suicide. The book also includes a chapter by Iris Bolton, the author of "My Son My Son." I highly recommend this for any mental health professionals who provide services to those grieved by suicide. It is also a helpful resource for survivors themselves who are coping with the loss of a loved one.	Suicide
Resilience	Edwards, Elizabeth	Crown Publishing Group	In addition to her life's struggles, she recounts the agony at the loss of her 16 year old son in a car accident	General Parental Grieving
Grieving Dads to the Brink and Back	Farley, Kelly with Dicola, David	Grieving Dads LLC	To the Brink and Back is a collection of candid stories from grieving dads that were interviewed over a two year period. The book offers insight from fellow members of, in the haunting words of one dad, "this terrible, terrible club," which consists of men who have experienced the death of a child	Child Loss
A Grief Unveiled: One Father's Journey Through the Loss of a Child	Floyd, Gregory	Paraclete Press	I read this book after the tragic death of my 19 year old daughter. The author, whose son was run over and killed by a passing car, shares his loss in a very personal way...I could relate to his loss and felt that he would be able to relate to mine...	General Parental Grieving

I Have No Intention of Saying Good-Bye: Parents Share Their Stories of Hope and Healing After a Child's Death	Fox, Sandy	iUniverse Press	Nothing in life prepares one for losing a child. But for those of us who have lost a child, there is much to learn from the shattered worlds of the parents who have come before us. I Have No Intention of Saying Good-bye, by Sandy Fox, opens a window into the post-death lives of twenty-four parents who have lost a child or multiple children. Parents whose children have died often feel very alone. If you are such a parent, this book will help you see how much you have in common with other parents, and will give you a glimpse into how you might develop a meaningful future out of today's darkness.	General Parental Grieving
Living When a Loved One Has Died	Grollman, Earl A.	Beacon Press	This work describes what to expect when a loved one dies, from feelings of numbness and denial to anger, panic and guilt. It offers a way to work through grief, accept help from others and help others in return. A good outline, especially for teens/young adults dealing with grief for the first time.	General Parental Grieving
Blessed Grieving: Reflections on Life's Losses	Guntzelman, Joan	St Mary's Press of Minnesota Publication	We have the option to say yes to the losses that life presents, to let go, and to move on. The sixteen reflections in this book assist readers in grieving life's losses, from loss of job, to loss of a loved one, relationship, your own health, or your own life,	General Parental Grieving
Holding On To Hope: A Pathway Through Suffering to the Heart of God	Guthrie, Nancy	Monarch Books	I read this book only weeks after losing my son due to a stillbirth. His heart stopped beating only 1 day before he was to be born. This book gave me so much comfort, hope and understanding during those very difficult days when I was in shock and disbelief. The author relates one's loss and hurt to the experiences of Job in such an incredible and practical way. She devotes chapters to understanding despair, blame, and the question of "why did this happen?" to name a few. This was by far the most helpful and comforting book I have read to help me get through the grief process. It gave me hope and strength, and helped me to understand that God has a divine plan, even during our times of suffering. I HIGHLY recommend this book to anyone experiencing the loss of a child, or any loved one.	General Parental Grieving
Healing After Loss Daily Meditation for Working Through Grief	Hickman, Martha Whitmore	HarperCollins Publishers, Inc	For those who have suffered the loss of a loved one, here are strength and thoughtful words to inspire and comfort.	General Parental Grieving
I Will Not Leave You Desolate Some Thoughts for Grieving Parents	Hickman, Martha Whitmore	Abingdon Press	After having lost a 16 year-old daughter during a horseback riding accident on a family trip, Hickman speaks from a deep place of understanding and healing. Although this book makes some references to the "Christian faith", it is not particularly spiritual	General Parental Grieving
Comfort: A Journey through Grief	Hood, Ann	W.W. Norton & Company	Hood's memoir of her journey through grief following her daughter's sudden death is exquisitely written. Her writing screams with anguish and rage, pleads and begs for understanding, and totally captivates. She details the drive to make sense of what happened, from both a medical point of view as well as a spiritual one.	General Parental Grieving
The Knitting Circle	Hood, Ann	W.W. Norton & Company	This is a fiction book but the author lost a child and I really liked it. She also wrote a non-fiction book listed above.	General Parental Grieving
Open to Hope Inspiration Stories of Healing After Loss	Horsley, Dr. Gloria and Horsley, Dr. Heidi	Open to Hope Foundation	A compilation of over 100 entries of inspirational stories of healing after loss submitted to the Foundation's website	General Parental Grieving
Grieving a Suicide A Loved One's Search for Comfort, Answers, and Hope	Hsu, Albert Y.	InterVarsity Press	The author wrestled with the intense emotional and spiritual questions surrounding suicide. While acknowledging that there are no easy answers, Hsu draws on the resources of the Christian faith to point suicide survivors to the God who offers comfort in our grief and hope for the future. I found this book and "No Time to Say Goodbye" by Carla Fine to be the best books I've read on the subject of suicide	Suicide
Now That You've Gone Home Courage and Comfort for Times of Grief	Hutchinson, Joyce and Rupp, Joyce	Ave Maria Press	Joyce Rupp is well-known for her work as a writer, spiritual midwife, international retreat leader, and conference speaker. She is the author of numerous bestselling books, including Praying Our Goodbyes, Open the Door, and Fragments of Your Ancient Name. Rupp is a member of the Servite (Servants of Mary) community and the codirector of the Institute of Compassionate Presence. She resides in Des Moines, Iowa.	Spirituality of the Grieving Process
No One Cries the Wrong Way Seeing God Through Tears	Kempf, Father Joe	Our Sunday Visitor	"Have you ever found yourself tongue-tied when encountering someone suffering, dying, or having just lost someone close, and reduced to the cliché, I really don't know what to say? Well, people of faith should have something to say at those sacred, delicate moments. Father Kempf, with grace and sensitivity, helps us learn what to say and do in moments when our people long for a word of hope and consolation." --- Most Reverend Timothy M. Dolan	Spirituality of the Grieving Process
The Gift of an Ordinary Day: A Mother's Memoir	Kenison, Katrina	Springboard Press/ Paulist Press	From the author of Mitten Strings for God (2000), another gentle reminder to mothers to slow down and savor the joys of motherhood.. About motherhood, not loss of a child	

A New Kind of Normal	Kent, Carol	Thomas Nelson	She lost her child to life in prison- it is a powerful book	General Parental Grieving
The Lord is My Shepherd Healing Wisdom of the Twenty-Third Psalm	Kushner, Harold S.	Knoph Doubleday Publishing Group	A book of practical spirituality, of inspiration and encouragement gleaned from what may be the best-known and best-loved chapter in the Bible: the Twenty-third Psalm.	Spirituality of the Grieving Process
Overcoming Life's Disappointments	Kushner, Harold S.	Anchor Books	Kushner turns to the experience of Moses to find the requisite lessons of strength and faith - the lesson that teach us how to overcome the disappointments that life inherently brings.	General Parental Grieving
When Bad Things Happen to Good People	Kushner, Harold S.	Anchor Books	Rabbi Kushner, a grieving parent, wrote this straightforward, elegant contemplation of the doubts and fears that arise when tragedy strikes. Kushner shares his wisdom as a rabbi, a parent, a reader, and a human being.	General Parental Grieving
An Angel of the Beatitudes: Finding Faith After the Loss of a Child	Ketring, Emily	Self-Published	They are alive! A reflection on where our deceased children are right now and how they can draw us closer to God. A very comforting and inspirational accounting of a grieving mother's spiritual journey.	Spirituality of the Grieving Process
A Gathering of Angels	Leland, Victoria	ACTA Publications	Focuses on the loss of a baby based on the collected wisdom of five mothers	Early Loss
Where the Hell is God?	Leonard, Richard SJ	Paulist Press	This book addresses the age-old question, "How can a loving God permit suffering and injustice in the world?" The answer is spelled out more clearly here than in any books on the subject I've read, which include summaries of the writings of St. Aquinas and St. Augustine and of contemporary theologians. The book is short and well written in everyday language.	General Parental Grieving
A Grief Observed	Lewis, C.S.	HarperCollins	One of the intellectual giants of the 20th Century describes his own personal grief journey	Spirituality of the Grieving Process
The Problem of Pain	Lewis, C.S.	HarperCollins	Lewis, one of the most renowned Christian authors and thinkers, examines a universally applicable question within the human condition: "If God is good and all-powerful, why does he allow his creatures to suffer pain?" With his signature wealth of compassion and insight, C.S. Lewis offers answers to these crucial questions and shares his hope and wisdom to help heal a world hungering for a true understanding of human nature.	General Parental Grieving
The Weight of Glory	Lewis, C.S.	HarperCollins	Selected from sermons delivered by C. S. Lewis during World War II, these nine addresses offer guidance and inspiration in a time of great doubt. These are ardent and lucid sermons that provide a compassionate vision of Christianity.	General Parental Grieving
Stations of the Heart Parting with a Son	Lischer, Richard	Knoph Doubleday Publishing Group	A father's heartbreaking and hopeful story about his beloved son, in which a young man teaches his family "a new way to die" with wit, candor, and grace. This is the story of one last summer, lived as honestly and faithfully as possible. Deeply moving and utterly lacking in sentimentality or self-pity, Stations of the Heart is an unforgettable book about life and death and the terrible blessing of saying good-bye	General Parental Grieving
No Time for Goodbyes Coping with Sorrow, Anger, and Injustice After a Tragic Death	Lord, Janice Harris	Compassion Press	Survivors grieving the tragic death of a loved one from accidents, negligence, suicide, murder, and all kinds of traumatic, sudden, and violent losses will find here deep understanding and insight as well as detailed practical information on dealing with legal and financial issues.	General Parental Grieving
Through the Eyes of a Lion	Lusko, Levi	Thomas Nelson Press	Levi Lusko is a pastor who lost his 5 yr old daughter after an asthma attack. His story helps us see past the naked eye to help us survive in the rest of our life.	Early Loss
The Boy Who Came Back from Heaven	Malarkey, Kevin	Tyndale House Publishers Inc	A child who was in a horrific car accident and survives reveals vivid descriptions of heaven and it made me feel happier that I will see my son.	General Parental Grieving
A Broken Heart Still Beats	McCracken, Anne & Semel, Mary	Hazelden Publishing	An anthology of writings by a variety of authors- from Mark Twain to Judith Guest- who are also grieving parents	General Parental Grieving
An Exact Replica of a Figment of My Imagination	McCracken, Elizabeth	Back Bay Books	Author lost her first born baby girl due to stillbirth and wrote about the entire experience. Made me feel like there are other people out there who are going through this.	Early Loss
He's Right Here	McGee, Margaret	Margaret C McGee	This book is about a mother's journey from paralyzing grief to healing, from despair to hope. Join Maggie as she shares how God and family brought her through this life changing process.	General Parental Grieving
Where Two or Three Are Gathered	McGee, Margaret	Margaret C McGee	An objective yet personal book, written by a bereaved mother and includes comments from several of the many bereaved parents she and her husband interviewed. Addresses many realities often faced by bereaved parents.	General Parental Grieving

After the Darkest Hours the Sun Will Shine Again. A Parent's Guide to Coping with the Loss of a Child	Mehren, Elizabeth	Simon and Shuster	After Elizabeth Mehren lost her daughter, she set out to write the book she most needed: one that would offer solace, support, and inspiration. After the Darkest Hour is both a guide and a meditation. The author takes us through the process of grieving, from the effects of a child's death on the parents' marriage to what to say when someone asks, "Do you have children?"	General Parental Grieving
This is How It Feels, a Memoir Attempting suicide and finding life	Miller, Craig A.	Createspace Receiving	At twenty-years-old, Craig Miller attempted suicide. He swallowed two hundred and fifty pills, never imagining that a note he wrote to himself fourteen years earlier would save his life. That note simply read, "Don't ever forget how this feels." This is the story of how Craig learned that God does not punish, and that love, no matter how bad it hurts, is worth it. And he learned that life, no matter how hard it gets, is worth living.	Suicide
Care of the Soul	Moore, Thomas	Harper Perennial (a division of Harper Collins Publishers).	Care of the Soul contains exactly what is missing in psychology/counseling/psychotherapy; soul. Most of the counseling books I have had to read have been about as rich and as captivating as a Chilton's car repair manual. Sometimes I feel that as counselors, we are our own worst enemy. This book is all about mystery, paradox, wonder, and living authentically and mindfully. This is the type of book that you have to let speak to you, as opposed to reading it and trying to figure out what the author is talking about, which is how most people, undoubtedly, have read this book. To do so destroys the magic of the soul.	General Parental Grieving
Healing Through the Shadow of Loss	Morris Coryell, Deborah	Healing Act Press	This book moves the energy of grief and helps to sort the elements of anger, guilt and frustration into places where they can begin to serve a healing function. Where many grief-related books are quite clinical and matter of fact about the phases of grief, this one is so beautifully written that it adds the power to touch one deeply and personally.	General Parental Grieving
I Wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Sudden Death of a Loved One	Noel, Brook & Blair, Pamela	Champion Press	This wasn't about children but it "spoke to me". It was the first book I read after my child died.	General Parental Grieving
The Return of the Prodigal Son	Nouwen, H. J.		A book that saved me through my most difficult grief. Although it is not directly about grief, it is about deep faith and the presence of God in our lives. I often go back to it for spiritual reading.	General Parental Grieving
Turn My Mourning Into Dancing	Nouwen, H. J.	Thomas Nelson, Inc	In times of suffering, simplistic answers ring empty and hollow. But Henri Nouwen, beloved spiritual thinker and author, offers real comfort in the concrete truth of God's constancy. Nouwen suggests that by greeting life's pains with something other than despair, we can find surprising joy in our suffering. He suggests that the way through suffering is not in denial, but rather in living fully in the midst of the trials life brings our way	Spirituality of the Grieving Process
The Dance of Life: Weaving Sorrow and Blessings Into One Joyful Step	Nouwen, H.J.	Ave Maria Press	Michael Andrew Ford gathers Henri J.M. Nouwen's selections that encourage us to embrace our imperfections and find the transforming power of God at work within them. Spiritual refreshment and guidance through the darkness, loneliness, and turmoil of life's challenges.	Spirituality of the Grieving Process
The Wounded Healer	Nouwen, Henri J. M.	Doubleday	Not all about the loss of child but about woundedness. Everything he writes is spiritually beautiful!	Spirituality of the Grieving Process
In Memoriam	Nouwen, Henri J.M.	Ave Maria Press	Henri Nouwen shares his intensely personal feelings at the time of his mother's death . . . a moving account that deepens into a story of a life of faith in which we see the profound relationship between death and faith. In Memoriam is a book that offers a strength and comfort to the bereaved, and significant pastoral value to all who minister to the dying and their loved ones.	Spirituality of the Grieving Process
Can You Drink This Cup?	Nouwen, J. M., Hansen, R	Ave Maria Press	Exploring the deep spiritual impact of the question Jesus asked his friends James and John, Nouwen reflects upon the metaphor of the cup, using the images of holding, lifting, and drinking to articulate the basics of the spiritual life.	Spirituality of the Grieving Process
Meditations for Bereaved Parents	Osgood, Judy	Gilgal Publications	Meditations for Bereaved Parents is a collection of one and two-page meditations written by men and women of all ages who have had a child die. The book provides an honest confrontation with grief and help for moving beyond it.	Spirituality of the Grieving Process
The Newday Journal	O'Brien, Maureen	ACTA Publications	For those who have found journaling comforting, here is a structured approach to use alone or with a group	General Grieving
How To Go On Living When Someone You Love Dies	Rando, Theresa A	Bantam Books	A practicing psychologist defines grief as the normal, expected, and healthy response to loss and provides a realistic appreciation for the pain, frustration, and difficult work required to overcome grief.	General Parental Grieving

Survivor of Suicide	Robinson, Rita	New Page Books	This revised edition goes into more detail about teen suicide and the help that is available. Survivors of Suicide also dispels the myths surrounding suicide, based on the latest research and interviews with leading medical experts, as well as with family and friends who have survived the suicide deaths of loved ones, and who offer support, knowledge, and comfort to other survivors.	Suicide
Job and The Mystery of Suffering Spiritual Reflections	Rohr, Richard	The Crossroad Publishing Company	Richard Rohr plumbs the depths of the Job's story and its relevance for us today. Rohr strips Christian faith down to the essentials, beyond glib answers and a "hand-me-down" experience of God, and points the way to true knowing. In this invigorating exploration, the tension between suffering and faith becomes a powerful means to an authentic, open connection with the divine.	Spirituality of the Grieving Process
The Worst Loss: How Families Heal From the Death of a Child	Rosof, Barbara D.	Henry Holt and Company	I bought this book after my daughter died suddenly thirteen years ago. It is the best book on living with the loss of a child that I have ever come across. I have an online support group for mother's who have lost children and I recommend this book to all that I come across.	General Parental Grieving
Suicide: A Ray of Hope for Those Left Behind.	Ross, Eleanora Betsy	Da Capo Press	Beginning with her own story of coping with her husband's suicide, Eleanora Betsy Ross takes the reader beyond the silence and shame often associated with suicide and shatters some of the most pervasive myths surrounding this common tragedy. By examining the dynamics of after-suicide bereavement and using dozens of real-life case histories, After Suicide offers hope for the survivors and helps them maintain their sanity and poise during this most difficult time.	Suicide
How To Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life	Sanders, Catherine, S	Crown Publishing Group	I liked this book for a variety of reasons. First, it has excellent scholarship. The author has 1. lost a child; 2. done clinical research on grieving and 3. incorporated the stories of many into each	General Parental Grieving
The Bereaved Parent	Sarnoff Schiff, Harriet	Souvenir Press	A book for parents at any stage of grief; whether they are facing an imminent death, recovering from the shock of an accidental death or caught in the long turmoil of the aftermath of a child's death. Harriet Sarnoff Schiff lost her 10 year old son offers genuine understanding	General Parental Grieving
Tear Soup	Schwiebert, Pat & Deklyen, Chuck	Grief Watch	This book is in the children's section. Written in a children's book format - with simply worded concepts, wonderfully colored pictures, and a creative idea - this is one of those great books that actually feels written for adults as much as for school-age children	General Grieving
When Someone You Love Completes Suicide	Sexton-Jones, Sondra	Centering Corporation	Sondra Sexton-Jones' husband, Ray, died by suicide. In this supportive book, she shares her story, her grief and healing. You'll learn what to expect, what may happen, how you may feel.	Suicide
Does Suffering Make Sense?	Shaw, Russell	Scepter Publishers	Pain and suffering affect everyone. In order to accept suffering, we must have an authentic Christian understanding of it. Shaw writes in a simple, straightforward style about the deep questions raised by suffering. How can believers integrate it into their lives? Does suffering make us a better person? A book for you and someone you know who is facing suffering and is seeking answers about it.	Spirituality of the Grieving Process
Slamming the Door	Sheeder Bonanno, Kathleen	Alice James Books	Poems of power, truth, rage and beauty by a mother whose daughter was murdered.	Murder
A Grace Disguised: How the Soul Grows Through Loss	Sittser, Jerry	Zondervan Press	I've read many books on grief in the past seven months. This one is one that every person who questions the unexpected, unexplained loss of a loved one must read. I especially recommend this for reading if someone has experienced tragedy associated with the unexpected loss. I found the book to be comforting, honest, helpful and reassuring. I understood in ways I wish I never had to know why the tragic loss of a loved one does in so many ways turn out to be a grace disguised	General Parental Grieving
His Bright Light	Steel, Danielle	Delta/Random House	I admit it. I've never read a Danielle Steel book. I've never been interested enough, although I know many people who rave about her. Her stories just aren't necessarily my "cup of tea." However, I was highly recommended this true-story book about her son's life by a friend of mine.. Not only was the story sad yet uplifting, but "His Bright Light" helped me to understand manic depressive behavior intimately as DS learned it herself over the years. I highly recommend this book for anyone wanting to know more about the disease, her son's life, as well as DS's life.	General Parental Grieving
The Death of a Child	Stillwell, Elaine E	ACTA Publications	Reflections for grieving parents from a mother who learned to cope following the deaths of her two oldest children. Recommended by three parents.	General Parental Grieving

Healing After Loss: Daily Meditations	Whitmore Hickman, Martha	Harper Collins	It is a daily meditation for working through grief. Honestly, I can't fall asleep without reading the daily meditation. It gives hope everyday. My copy is ragged now from daily use. It reaches to the depth of your sadness and makes you feel not so alone. We are now in the habit of giving to friends and family who have suffered the loss of someone they so love. Bestseller among grieving parents	General Parental Grieving
Healing a Parent's Grieving Heart: 100 Practical Ideas After Your Child Dies	Wolfelt, Alan D., Ph.D	Companion Press	It offers 100 practical, action-oriented tips for embracing grief, such as writing a letter to the child who has died; spending time with others who will listen to stories of grief; creating a memory book, box, or Web site; and remembering others who may still be struggling with the death. The guide also addresses common problems for grieving parents, including dealing with marital stress, helping surviving siblings, dealing with hurtful advice, and exploring feelings of guilt.	General Parental Grieving
Lament for a Son	Wolterstorff, Nicholas	Wm. B. Eerdmans Publishing Co	A chronicle of Nicholas Wolterstorff's journey through the loss of his 25-year-old son Eric in a mountain-climbing accident. Dr. Wolterstorff is a professor of philosophical theology at Yale Divinity School, but as he writes in this journal-style lament, first and foremost he is a father who has buried a son.	General Parental Grieving
Experiencing Grief	Wright, H. Norman	B&H Publishing Group	Experiencing Grief is written for a person who is in the wake of despair grief leaves. This brief but powerful book will help lead readers out of their grief experience through five stages of grief. At the end of the journey is peace and a seasoned, more mature faith.	Spirituality of the Grieving Process
Jesus Calling	Young, Sarah	Harper Collins	Words of comfort, encouragement and reassurance. A #1 bestseller written as if Jesus is speaking to you directly	Spirituality of the Grieving Process